### Anthropology is Background Knowledge (BK) to know thy primitive self

To understand religion, first we need to have some understanding of human nature. To understand human nature, first we have to know some basic anthropology. This learning approach is simply a regression in the anthropocentric time scale. For those who believe in rebirth, studying primates is studying oneself in the past. So, let us start from the origin of humans, the ancestors of Homo sapiens.

## Premise 1: Life was terribly difficult for the humanoids, ancestors of Homo sapiens, most of them eliminated by evolution

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BK-1. Homo sapiens - The Birth of Humanity (NOVA Full Documentary)

https://www.youtube.com/watch?v=pzmZjO1RDOQ

Becoming humans documentary video 1, 2, 3

PBS Nova ✓ Becoming Human - Episode 1: First Steps Homo Sapiens

https://www.youtube.com/watch?v=nD9gtU\_jdRA

PBS Nova ✔ Becoming Human - Episode 2 : Birth of Humanity Homo Erectus

https://www.youtube.com/watch?v=AGj1\_OMiZDA

PBS Nova ✔ Becoming Human - Episode 3 : Last Human Standing ( Science Documentary ) <a href="https://www.youtube.com/watch?v=X09jw2Rk3\_Q">https://www.youtube.com/watch?v=X09jw2Rk3\_Q</a>

## Premise 2: Like all successful survivors, Homo sapiens survived due to very strong will and instincts to adapt.

#### Premise 3: Some of these successful primitive survival instincts include the behaviour to

- A. Eat whatever and whenever food is available
- B. Team work or crowd control
- C. Domestication of wildlife including other humanoids

## Premise 4: Civilization is slowly and painfully evolving to overcome these obsolete primitive survival instincts. Let us examine A, B and C today.

- A. Eat whatever and whenever food is available
- A1. Food is still a reward system
- A2. Food is still an essential social bond (family dinner, wedding, festivals)
- A3. The instinct to Overeat causes type II diabetes because food is plentiful and readily available in developed countries.
- A4. The fear of failure to survive causes the behaviour to excessively accumulate food and resources in the primitive cave. Today, Resources translate into energy, money, shopping, assets and cave transforms into home, church and corporation.
- A5. A1 to A4 are driven by primitive hormones and rewards the pleasure centre of the brain. This genetic hardwiring makes the average human difficult to evolve beyond the primitive urges.

BK-2: Prof Gad Saad Evolutionary psychology on "peacocking", the androgen drive of driving a luxury sports car downtown.

#### B. Team work or crowd control

The successful primitive hunting party has several features; a tall fearless muscular leader, an obedient team and a common goal. The same value system persisted today in the forms of sports (Prof. James Powell re-enactment of tribal warfare), mate selection (finding a tall dark handsome and resourceful mate to procreate), structure of the corporate ladder rewarding business leadership, conformity of labours to social norms, marginalization of independent thinkers with nonconforming values, pressure from family and society to conform. Woman control man by all means because the only successful primitive couple is the controlling female couples to a male willing to be controlled.

BK-3: Prof Ching Lo quadratic analysis of primal couples using a 2x2 contingency table (see Appendix).

#### C. Domestication of wildlife including other humanoids

A highly successful survival strategy is to acquire subordinates. It began with domestication of wolf-to-dog for the male hunting party and the feline-to-cat domestication for the cave women gatherer. To survive cannibalism, the captured preferred to become slaves rather than be eaten. Slavery persisted in the form of race up to the last century. Today slavery assumes the form of economic exploitation.

**CONCLUSION:** Ironically, what ensured our primitive survival is what is killing us today. Killing refers to detestation of the body and spirit.

Premise 5: Philosophy (and to a very small extend heterodox religions) is the vehicle by which civilization might evolve beyond the bondage of obsolete primitive survival instincts, which are doing more harm than good to humanity today.

Heterodox religion refers to renouncer stance such as the Sramana movement in India, the Franciscan/ Benedictine in Europe. While these renouncers command certain degree of respect from society, individual philosophers generally do not. However, both are influential from their own platform respectively. Heterodox religions especially Buddhism, focus on enlightenment which is not in the heart of science and philosophy. Religions in general lack mainstream scientific support.

Premise 6: Science and technology is leading civilization. Philosophy and heterodox religions has taken a back seat in our social value today. This fact is obvious judging by the pay scale of these professions.

Conclusion: The most effective means to educate about enlightenment is to base philosophic arguments on scientific facts; Hence our curricula. For example, this lesson on Anthropology reveals unenlightened human nature driven by evolutionary psychology.

Appendix: quadratic analysis of primal couples using a 2x2 contingency table

# $\label{prop:condition} Evolutionary\ psychology\ on\ the\ genetic\ selection\ of\ successful\ couple\ relationship\ for\ procreation$

		Women	
		Controlling	Not Controlling
		Caveman brings rabbit home	Caveman brings rabbit to
	Like being controlled	always. Baby always survive,	neighbourhood women
		pass on genetic trait* See Fig	sometimes (Fig. 4). Baby
Man		1-3	sometimes survives.
	Dislike being	Caveman brings rabbit to	Brings rabbit to neighbour always
	controlled	neighbour often (Fig. 4). Baby	(Fig. 5). Baby perishes, trait**
		rarely survives.	deleted from gene pool.

<sup>\*</sup>Controlling female, submissive male

<sup>\*\*</sup> Female not controlling, male dislike being controlled



