**Time Table 2013-14**

Sep 7, 2013 to Jun 2014 (Saturdays) at Pho-Hien Temple

Class Time: 2:30pm – 4:30pm

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| **Lesson**  **Number** | **LECTURE TOPICS& IN-CLASS ACTIVITIES** | **Session**  **Number** | **DATE** |
| 1 | a) Opening ceremonies (10 min)  b) Survey Pre-class (rc 10min)  c) Survey participation (30 min)  d) Classmates check-in (10 min)  BREAK (10 min)  e) What religion is best (cn &mn10min)  f) Vision and Mission (rc 15min)  g) Classmates check out (10 min) | L1 • 1/3  L1 • 2/3  L1 • 3/3 | Sept 7 |
| 2 | a) Holistic Health (jc 20 min)  b) Near death experiences video (cl 20 min)  BREAK (10 min)  c) Classmates discussion on Enlightenment (rc 20 min)  d) Classmates check out (5 min) | L2 • 1/2  L2 • 2/2 | Sept 14 |
|  | *2nd Conference of the World Alliance of Buddhist Leaders for Cultural Exchange, Sri Lanka* | *No Class for 2 weeks* | Sep 21, 28 |
| 3 | Update re *2nd Conference of the World Alliance of Buddhist Leaders for Cultural Exchange, Sri Lanka* |  | Oct 5 |
| 4 | *Thanksgiving* | *No class* | Oct 12 |
| 5 | 1. Classmates check-in (10 min) 2. Learning Skills (rc 30min)   BREAK (10 min).   1. Metaphysics-I :How to open our minds (rc 1hr 10min) 2. Closing / Classmates check out (5 min) | L3 • 1/2  L3 • 2/2 | Oct 19 |
| 4 | 1. Metaphysics –I : Macro/Micro View( rc 50mins)   BREAK (10 min)   1. Excerpts from Lankāvatāra-sūtra&AvatamsakaSūtra, then and now (rc 45min) 2. Closing / Classmates check out (5 min) | L4 • 1/2  L4 • 2/2 | Oct 26 |
| 5 | 1. Definition of Ego (rc10 min) 2. Evolution of Self in Human (rc20min)   BREAK (10 min)   1. Formation of Self in Individual(rc10 min) 2. Characteristic of Ego (rc 15 min) 3. Closing / Classmates check out (5 min) | L5 • 1/4  L5 • 2/4  L5 • 3/4  L5 • 4/4 | Nov 2 |
| 6 | 1. Inflation and Defence of Ego (rc 1.5 hr)   BREAK (15 min)  b) Closing / Classmates check out (5 min) | L5 • 5/5 | Nov 9 |
| 7 | 1. Remembrance Day - no class |  | Nov 16 |
| 8 | 1. Metaphysics - The human brain tricks and Perception of reality | L6 •1/4 | Nov 23 |
| 9 | 1. Metaphysics – Perception of reality – How does perception work, mechanics of nervous systems, summary and generalization (rc 40min)   Break | L6 • 2/4 | Nov 30 |
| 10 | 1. Metaphysics – Perception of reality – Look can deceive . Application of proper perception, summary and generalization (rc) | L6 • 3/4 | Dec 7 |
| 11 | 1. Perception of Reality overture (rc )   Break | L7 • 4/4 | Dec 14 |
|  | *Christmas break* | *No class for 2 weeks* | *Dec 21/28* |
| 12 |  |  | Jan 4 |